

Where our care fuels your journey to recovery

**MIOT now launches its
rehabilitation centre in Mauritius**





MIOT Rehab Centre, Mauritius

For over two decades, MIOT International has been a trusted healthcare partner to the people of Mauritius. While many Mauritian patients have travelled to MIOT, India, for the rehabilitation, we recognised the need for continuous care closer to home. Because rehabilitation is not just about recovery, but also about reclaiming the quality of life you deserve. Introducing MIOT Rehab Centre, the 1st of its kind in Mauritius, bringing world-class head-to-toe rehabilitation services across various specialities.



Who would need rehabilitation?

Be it a child, an adult, or an elderly person, if they have been hospitalised or are recovering from trauma, they need to get back on their feet and be independent. Rehabilitation enables them to resume their roles at school, work, and being the breadwinner of the family. Observing the increasing effects on the body after a patient has recovered, it became very evident that cure and care do not end with disease recovery. It had to go beyond hospital treatment and procedure, where a complete analysis of the patient's condition is undertaken and post-recovery care must be provided. Only then can it be assured that a patient can return to their normal life and live with ease.



Pioneering Holistic Rehab Care for Comprehensive Patient Recovery

MIOT Rehab Centre, Mauritius, is the 1st of its kind centre to provide holistic care for the complete recovery of a patient, where your healing and our compassion unite. The MIOT Rehab Centre is designed and meant to help patients overcome a wide range of disabilities caused by diseases and also to aid in recovery. The facility's design is thoughtfully structured to facilitate a step-by-step approach to therapy. With a diverse and highly skilled team of professionals, MIOT Rehab Centre's care fuels patients' journey to recovery and independence through a comprehensive, multidisciplinary rehabilitation approach.

A diverse team of professionals collaborate to assist individuals in their recovery journey at the MIOT Rehab Centre, including

- Physical medicine & rehabilitation specialists (PMR Specialist)
- Neurologists
- Neurosurgeons
- Psychiatrists
- Physicians
- Neuro-physiotherapists
- Occupational and respiratory therapists
- Psychologists
- Speech-language pathologists
- Swallow specialists
- Dieticians
- Rehabilitation nurses

Services We Offer

Stroke Rehabilitation - For stroke, traumatic brain injury/concussion, brain surgeries, neuro-degenerative diseases, spinal cord injury, spasticity management, peripheral neuropathies, nerve injuries and neuro-muscular diseases, and balance and coordination.

Cancer Rehabilitation - Focuses on helping with symptoms like lymphoedema, balance issues, difficulty in swallowing, issues with bowel and bladder, mood disorders, and panic attacks.

Ortho & Trauma Rehabilitation - Specialises in treatments for back, neck, shoulder, arm, hip, knee & ankle pain, sport injury, arthritis/fibromyalgia, joint sprains/strains, and muscular strain.

Cardio Pulmonary Rehabilitation - For Chronic Obstructive Pulmonary Disease (COPD), asthma, Congestive Cardiac Failure (CCF), respiratory infections, i.e. pneumonia, peripheral vascular disease, myocardial infarction, and heart or lung injury/surgery.



Occupational Therapy



Geriatric Rehabilitation - To restore function or enhance residual functional capacity and improve the quality of life in older people, particularly those with disabling impairments or frailty.

Paediatric Rehabilitation - Tailored for children with developmental, neurological, or orthopaedic conditions, like cerebral palsy, down syndrome and autism, other neurological disorders like genetic syndromes, and all paediatric orthopaedic conditions.

Sports Medicine & Sports Injury rehabilitation - For sports-related injuries like muscle tears, ligament or tendon injury, periarticular fracture, repetitive/overuse injuries, tennis/golfers elbow, runners' knee, achilles tendonitis, rotator cuff injury, cruciate ligament, meniscal repair, recurrent dislocation, Anterior Cruciate Ligament (ACL) reconstruction surgery, revision of failed ACL reconstruction surgery, Superior Labrum, Anterior to Posterior (SLAP) repair and patella femoral pain syndrome.

Other Priority Focus Areas - Speech and language management, occupational therapy, and psychotherapy.

Paediatric Rehabilitation



Physical therapy





Advanced Rehabilitation Equipment for Comprehensive Recovery

At MIOT Rehab Centre in Mauritius, we guide our patients' recovery from their first steps in rehabilitation to their journey toward an independent life. Through this, MIOT reaffirms its unwavering commitment to building a healthy future for the people of Mauritius. Patients can have a consultation with a Physical Medicine & Rehabilitation expert. Following that, MIOT's Rehab Board will create a personalised rehabilitation plan, enabling patients to achieve independence through a comprehensive, multidisciplinary rehabilitation approach. The centre is equipped with the latest and best-in-class technology and facilities that prove helpful in multiple rehabilitation programs for you to reclaim the quality of life you deserve.



Tilt Table

To help stabilise their blood pressure and facilitate weight bearing, for patients confined to bed.



Robot-assisted Gait Trainer

Enhances mobility, strength, and trunk control for those struggling with walking.



Multi-Gym

Strengthens both upper and lower limbs for improved mobility.



Leg & Upper Body Exerciser

Enhances cardiopulmonary function by working on upper and lower limbs while seated.



Standing Trainer

Improves static and dynamic standing balance for patients unable to stand for long periods.



Treadmill with i-GAIT

Facilitates walking after spinal cord injury or muscle tightness.



Ultrasound Therapy

Alleviates pain, muscle spasms, and inflammation while reducing stiffness and oedema.



Parallel Bars

Enables activities of daily living and reduces fall risk.



Virtual Reality (VR)

Engages patients with games to improve attention, memory, and executive function.



Interferential Therapy

Assists in alleviating pain, muscle spasms, inflammation, stiffness, oedema, and adhesions.



If a patient requires emergency assistance during their rehabilitation, they can receive immediate care in the resuscitation room. A patient facing cognitive challenges such as poor attention, concentration, memory impairment, restlessness, or insomnia due to brain injury will require psychotherapy. The MIOT Rehab Centre, Mauritius, features accessible restrooms equipped with grab bars, enhancing patient convenience. If a patient requires a consultation with a super-specialist from MIOT International, we can facilitate this through MIOT's Next-Gen Telemedicine services.

MIOT's Next-Gen Telemedicine services connect the doctor with the patients in real-time. Basic vital signs monitoring, such as pulse rate, blood pressure, respiratory rate, temperature, and BMI, can also be conducted in real-time during the teleconsultation, allowing for prompt feedback from the super-specialist from MIOT International.



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